



Upton Recreation commission

Co-ed Adult Volleyball
(Must be 18 years or older)
Jan 8-April 22, 2012

Wednesday nights 8:00-10:00

Nipmuc H.S. gym / all levels welcome
Instructor: Christine Corey

Cost \$7.00 a night or \$100.00 for the 15 week program

NEW: Healthy Hopper! Purchase a \$100 coupon to use at any of our Fitness classes

To register : mail a check made out to Town of Upton and send to Upton recreation commission, 1 Main Street, Box # 14, Upton, Ma. 01568. Registrations can be downloaded from our web-site at <http://www.upton.ma.us/pages/recreatopn-commission.php> or call Recreation Director Mary Cortese@508-769-1838